



KINSHIP CARE RESPITE PROGRAM

Adults age 55 and older who are full-time caregivers of relative children face many challenges. **It is important for caregivers** to focus on parenting, but also to remember **to take care of their own needs.**

The **Kinship Care Respite Program** is a resource offered through Ingham, Eaton, Clinton, and Washtenaw county residents.

The **Kinship Care Respite Program** was developed to provide **rest, relief, and a break from everyday caregiving.** This program will assist the full-time caregiver by helping to arrange and pay for an activity for their child to attend.

Activities* may include:

Child care • Sports camp • Summer class
Extra-curricular activities • Afterschool care/activities

Who is eligible to participate in this program?

Kinship caregivers must be:

- Age 55 or older
- Full-time caregivers of children under the age of 18
- Permanently reside in Clinton, Eaton, Ingham, or Washtenaw counties

How much does this program cost?

There is no cost to eligible caregivers in the Tri-County Area or Washtenaw County. The program is funded by the federal *Older Americans Act* grant provided to the Tri-County Office on Aging through the Michigan Aging and Adult Services Agency. Support for the program in Washtenaw County comes from the Area Agency on Aging Region 1-B.

Contact the **Kinship Care Resource Center** for more information
at **517-355-9600** or email **kinship@msu.edu**
Toll free 1-800-535-1218

***Funds are capped at \$250 and available to eligible Kinship Caregivers on a first come, first served basis.**